



"Supporting
Lincolnshire's general
practices to provide
great care"

PRACTICE IN TOUCH

AUGUST NEWSLETTER

ISSUE 24 • AUGUST 2021



LINCOLNSHIRE LMC NEWSLETTER

BY LINCOLNSHIRE LMC SECRETARIAT

Welcome to our monthly newsletter.

To look at our past newsletters please go to:
www.lincslmc.co.uk/newsletters

For more information on the articles published in
this newsletter, please contact:
info@lincslmc.co.uk

To keep up to date with the latest LMC
information follow us on social media:
[@LincolnshireLMC](https://twitter.com/LincolnshireLMC)

LINCOLNSHIRE LMC
NEWSLETTER

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NON-SPECIFIC SYMPTOMS 2-WEEK-WAIT PATHWAY

BY KIERAN SHARROCK

A new 2-week-wait pathway has been developed for patients who present with non-specific symptoms (NSS). This NSS pathway should be used for patients with the following non-specific symptoms

- Appetite loss or early satiety
- Unexplained deep vein thrombosis
- Diabetes with weight loss age >60
- Unexplained fatigue
- Unexplained fever
- Unexplained night sweats
- Unexplained Pallor
- Unexplained pruritis
- Unexplained weight loss
- Clinician gut feeling of cancer

If patients present with these NSS, but a likely site for the cancer is identified, the patient should be referred on the site-specific 2WW pathway.

If a likely site cannot be identified, please arrange the following tests so the results will be available for the NSS pathway team

- CXR
- Faecal Immunochemical Test (FIT)
- FBC, ESR or CRP, Renal with eGFR, LFT, TFT, HbA1c, TTG
- PSA for men
- CA-125 for women

These tests can be selected as a “group” on DART, pick “CA Non-specific symptoms” male or female.

The referral form should be available on your clinical system, and should be sent to ulh.rdcnssreferrals@nhs.net

This pathway is only available for patients being referred to ULHT. NWAFT have a similar pathway (Rapid Diagnostic Service), more information about this is available on the [LMC website](#). CCG is working to develop a similar pathway with NLAG.

MAKING REFERRALS TO CRISIS TEAM

BY KIERAN SHARROCK

It is best practice when making referrals to another service for the clinician who has seen the patient to make the referral. Crisis Team have emphasised the importance of the clinician to clinician discussion to help understanding. GPs are thus asked to contact the crisis team direct rather than asking the patient to self-refer.

You can contact the crisis team by calling LPFT SPA on 0303 123 4000. Crisis team should be able to access the patient's details through the Lincolnshire Care Portal, but you may be asked to email a patient summary to the SPA as well.

To read the full article, please go to:
www.linclmc.co.uk/makingreferraltocrisisteam



PERSONALISED ASTHMA ACTION PLAN

BY KIERAN SHARROCK

As part of QOF, patients should have a Personalised Asthma Action Plan agreed when the patient attends for their annual asthma review. The PAAP should include information about how to step-up and step-down inhalers, and how to respond to acute exacerbations. It is important that when making these plans that patients understand what they are, and it is best to use the term Personalised Asthma Action Plan.

Pharmacies have a new Pharmacy Quality Scheme (PQS). There are many domains in this PQS, one being respiratory. As part of the respiratory domain pharmacies will be asking patients with asthma whether or not they have a Personalised Asthma Action Plan (PAAP). If a patient reports that they do not have a PAAP, pharmacies will signpost the patients back to their GP practice. To avoid confusion for the patient and reduce the instances of patients been sent back to practices, ensure that patients with asthma understand their PAAP.



LMC JOB OPPORTUNITY: PRACTICE SUPPORT OFFICER

WE ARE HIRING

lincolnshire
lmc 
supporting lincolnshire's general
practices to provide *great care*

An exciting opportunity is available for an experienced manager with General Practice experience to join the LMC team.

The main purpose of the job is to provide support services to GP practices across Lincolnshire; in addition to supporting the existing LMC secretariat.

Candidates are asked to submit an application form and cover letter detailing how they meet the person specification to kate.pilton@nhs.net

For more information on this please go to: [Lincolnshire LMC: LMC Practice Support Officer](#)

APPLICATION DEADLINE:
31/08/2021

SUPPORT YOUR SURGERY

BY ROSA WYLDAMAN

As you will be aware, GPs and their teams have faced an extremely challenging time during the COVID-19 pandemic.

The [Support Your Surgery](#) campaign provides GP practices with the tools to both manage expectations and provide patients with the reality of issues facing general practice. Alongside this they have also launched a petition calling on the government to provide the urgent resourcing needed to increase the number of GPs in England.

There are [posters and infographics](#) available to download encouraging patients to support surgeries by signing the petition.

[CLICK HERE](#) to sign the petition.

[#SupportYourSurgery](#)

For the full article please go to: [Lincolnshire LMC: Support your Surgery](#)

PERFORMANCE MATTERS – PALLIATIVE CARE PRE- EMPTIVE PLANNING

BY KIERAN SHARROCK

It is good practice to identify when patients are in their last year of life, and to discuss with the patient and their families and carers what their wishes are regarding the end of life period. This discussion should include discussion about preferred place of dying, wishes regarding active treatment, resuscitation status, and symptom management. It is important too to regularly review the patient to identify whether the choices that have been made are the same or have changed. Not reviewing the patient can lead to patients having incorrect pre-emptive plans.

Read the [full article](#) for more information about common pitfalls which effect practices and patients, and how to avoid them.



CONTRACT CHANGE – IMMUNISATION LEAD

BY KIERAN SHARROCK

Contract changes made in April 2021 have reformed the way practices are reimbursed for immunisations and vaccinations. As part of these changes, practices must have a nominated Practice Immunisation Lead (PIL).

Practice Immunisation Leads are responsible for ensuring contractual requirements are met in regard to immunisation, that vaccination opportunities are maximised, and liaising with other NHS bodies in regarding immunisation.

CCG will ask each practice to inform them of who the PIL is. Practices should inform the CCG if the PIL changes. You can let your locality manager know who the PIL is for your practice.

DEALING WITH UNFAIR ONLINE COMMENTS

BY KATE PILTON

Comments from patients on the NHS website, social media and other similar sites can sometimes be inaccurate, unfair or inappropriate, which can potentially damage an organisation or staff member's reputation.

If the patient can be identified it is often useful to have a conversation with them regarding their behaviour online, if appropriate. The LMC guidance covers warnings to patients & removal criteria
Lincolnshire LMC: Removing patients from your list of registered patients (lincslmc.co.uk)

The BMA & Government guidance sets out how health service providers can take steps to have defamatory material removed.

Dealing with unfair online comments as a GP practice (bma.org.uk)

Complaints about defamatory material posted on websites: Guidance on Section 5 of the Defamation Act 2013 and Regulations (publishing.service.gov.uk)



ENDORISING CORRECTLY FOR SERIOUS SHORTAGE PROTOCOLS

BY KATE PILTON

Dispensing practices are being encouraged make sure they are correctly using the new endorsement Serious Shortage Protocols (SSPs) to avoid invalid claims.

In February 2019, the government amended the Human Medicines Regulations 2012 to introduce SSPs. The Department of Health and Social Care (DHSC) can issue an SSP if they decide there is a serious shortage of a specific medicine or appliance. In line with the changes, the NHSBSA introduced a new SSP endorsement, to replace the No Cheaper Stock Obtainable (NCSO) endorsement.

Full Article here: [Lincolnshire LMC: Endorsing correctly for Serious Shortage Protocols.](#)



STEP BY STEP GUIDE ON VISA SPONSORSHIP

BY KATE PILTON

Gaining the right to be a UK visa sponsoring practice has many advantages and could form an important part of your general practice workforce planning. [A step by step guide](#) to applying for a visa sponsorship licence is now available. The guide has been tailored to primary care needs. It does not replace official [Home Office sponsor guidance](#) but should help you work through the registration process.



FLU AND PNEUMOCOCCAL VACCINATION BY LCHS STAFF

BY KIERAN SHARROCK

Flu and Pneumococcal Vaccination by LCHS staff- it is time to sign the Vaccination Agency Agreement (VAA)

As in previous years, we want to ensure that there is maximum uptake of flu and pneumococcal vaccination. To facilitate this LCHS staff will be able to administer the vaccines on behalf of practices if there is an agreement in place for this to happen. Practices thus will need to sign a Vaccination Agency Agreement (VAA) with LCHS. LCHS will be sending the VAA to your practice shortly.



CLAIM BACK YOUR IMMIGRATION HEALTH SURCHARGE

BY KATE PILTON

Do you work in a healthcare role for an average of 16 hours per week and have paid the Immigration Health Surcharge?

You can claim back your Immigration Health Surcharge fee, even if your employer paid the surcharge and you are reimbursing your employer through salary deductions.

Applications are being processed for the period 1 October 2020 to 31 March 2021. You can backdate your claim to 31 March 2020 if you haven't already applied. You must have worked for at least 16 hours per week during that period, but this can be in more than one eligible job. Reimbursement payments are processed in six-month instalments in arrears.

Eligible applicants can now [apply online](#) or by telephone. [Find out more about the scheme.](#)



LINCOLNSHIRE MANAGED CARE NETWORK

BY ROSA WYLDEMAN

Lincolnshire's Managed Care Network for mental health aims to help people who have already experienced mental health problems, or who are having their first experience of mental ill health.

The Managed Care Network is an alliance of groups and organisations that provide a range of activities and services to give people support, structure and choice in their lives.

There is a really useful brochure available on the [LMC website](#) containing more information and a list of services which can be shared with patients or used by clinicians to signpost to specific services.



RAPID RESPONSE RESPIRATORY SERVICE LINCOLNSHIRE

BY ROSA WYLDEMAN

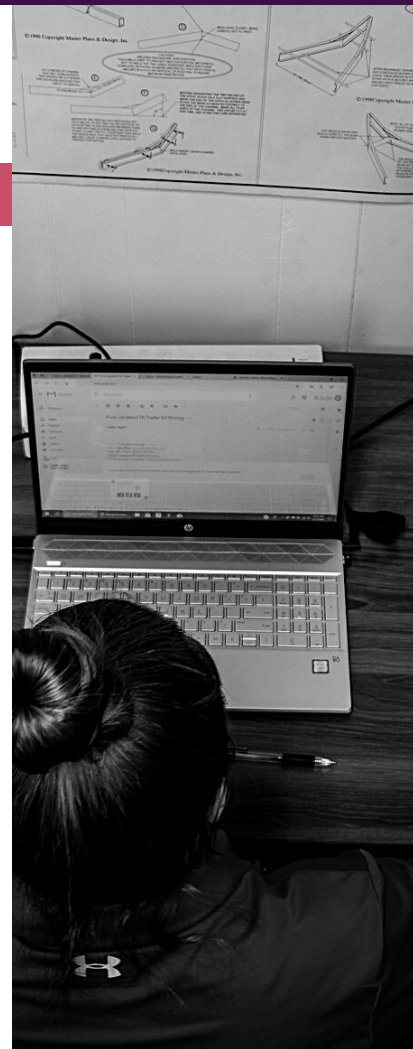
The [Children's Rapid Response Respiratory Service](#) launched in February 2019. It is a countywide service that provides specialist assessment, treatment and management of children with complex physical disabilities with additional respiratory problems in the community.

To refer to the Children's Rapid Response Respiratory Service phone 01522 309025 or email lhnt.childrensrapidresponse@nhs.net.

Since launching, the service has been very successful in reducing hospital admissions and improving life for these children and their families. To view a case study, go to the [Children's Rapid Response Respiratory Service webpage](#).

From October 2021 this service will be extended to include adults who meet the criteria.

For more information please go to: [Lincolnshire LMC: Rapid Response Respiratory Service Lincolnshire](#)

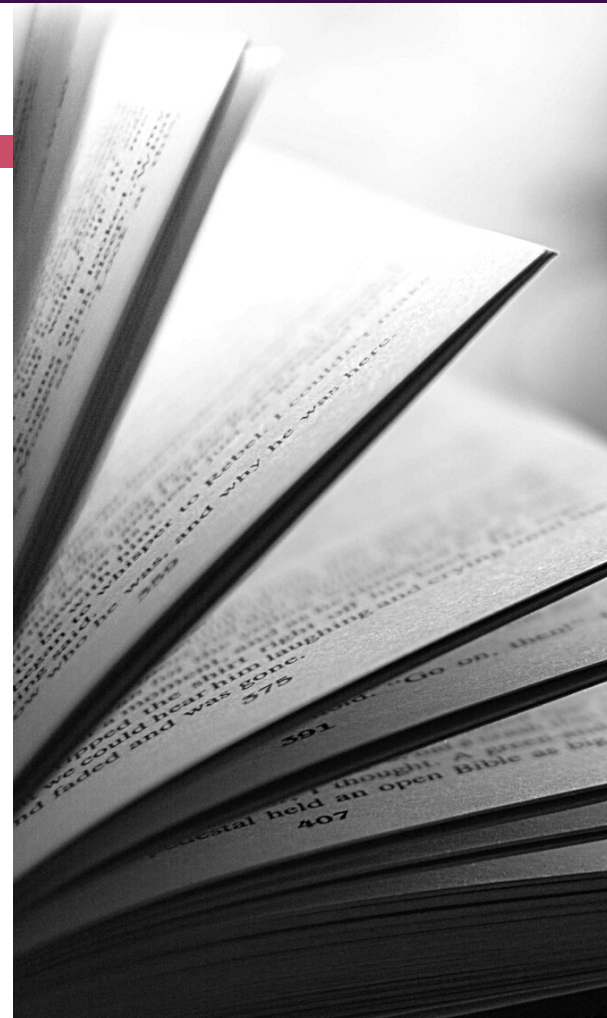


LCARM BOOK CLUB

'Beneath the White Coat: Doctors, their minds and mental health' Book Review and Discussion with Author Clare Gerada. Monday 13th September 2021, 18:30 to 20:00hrs via Zoom.

'Beneath the White Coat' is a timely book offering a balanced and thoughtful review of the current mental health emergency and its impact upon and among medical professionals, supported by the best available evidence and illustrated through real-life cases. Clare will talk about her book and the reasons why it is important, especially with the recent and continuing Covid challenges. There will be the opportunity to express your views on the book and put your questions to Clare.

For more information and to book a place [click here](#)



FOLLOW US ON SOCIAL MEDIA

To ensure you keep up to date with the latest
information from the Lincolnshire LMC Follow us on:

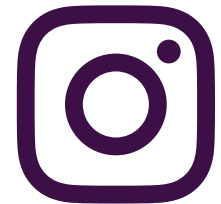
@LincolnshireLMC



twitter



facebook



Instagram

USEFUL LINKS

Training resources:

- [Lincolnshire Training Hub](#)
- [E-Learning for Health \(e-LfH\) Programmes](#)
- [NB Medical Education](#)
- [GP Forum CPD Opportunities](#)

Resources:

- [We are with you](#)

Networking:

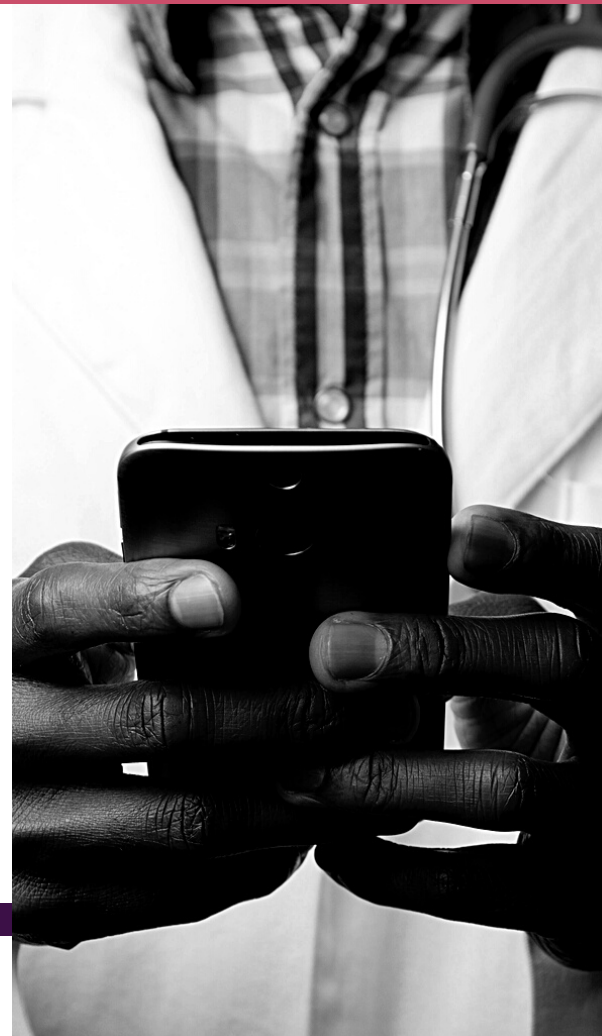
- [Lincoln Medical Society](#)

Newsletters:

- [Sessional GPs e-newsletter](#)
- [GP Weekly Bulletin \(England\)](#)
- [GP Trainee Newsletter](#)
- [Practice Manager Association News](#)
- [One You Lincolnshire newsletter](#)

Buying Group:

- [Latest LMC Buying Group Update](#)



@LincolnshireLMC



@KateLincsLMC



@KieranLincsLMC

VACANCIES IN LINCOLNSHIRE GENERAL PRACTICE

To view each listing please click on the vacancy titles.



[Advanced Nurse Practitioner, Vale Medical Group](#)
Contact - julie.jaggard@GP-C82016.nhs.uk

[Advanced Nurse Practitioner, The Deepings Practice](#)
Contact - kellie.goodley@nhs.net - 01778 579000

[Assistant Practice Manager, Beacon Medical Practice](#)
Contact - nick.hutchinson1@nhs.net

[Clinical Educator/GP Project Lead, Lincolnshire Training Hub](#) Contact - susan.mcelneal@nhs.net

[Dispenser, Nettleham Medical Practice](#)
Contact - helen.lunn@nhs.net - 01522751717

[GP Partner or Salaried, Cliff Villages Medical Practice](#)
Contact - Allison.Cook@nhs.net - 01522 811411

[LMC Practice Support Officer, Lincolnshire LMC](#)
Contact - kate.pilton@nhs.net - 07495 079157

[Medical Receptionist \(19hrs/wk\), Market Cross Surgery](#)
Contact - louise.allen@nhs.net - 01476 550056

[Medical Receptionist \(18hrs/wk\), Market Cross Surgery](#)
Contact - louise.allen@nhs.net - 01476 550056

[Nurse Associate, Gosberton Medical Centre](#)
Contact - d.kowynia-kaczor@nhs.net - 01775 840204

[Practice Nurse, The Deepings Practice](#)
Contact - kellie.goodley@nhs.net - 01778 579000

[Receptionist, Vale Medical Group](#)
Contact - julie.jaggard@GP-C82016.nhs.uk

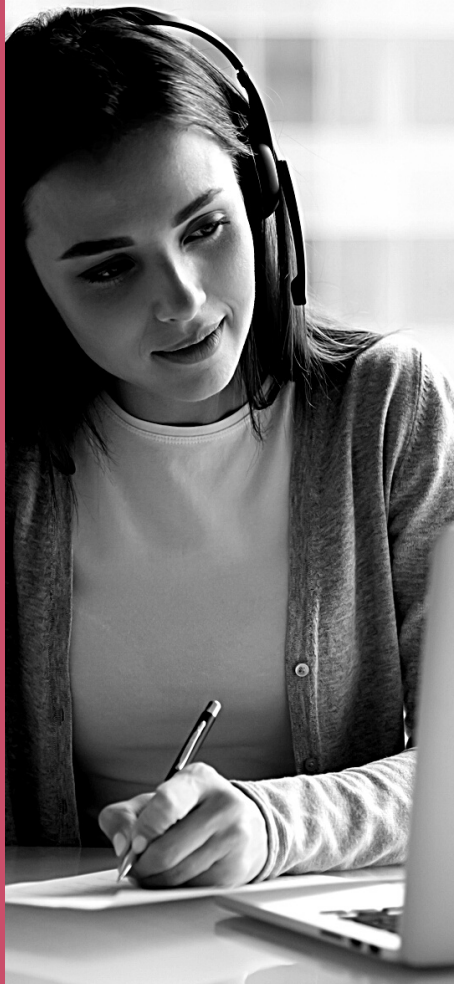
[Receptionist, Nettleham Medical Practice](#)
Contact - helen.lunn@nhs.net - 01522751717

[Receptionist/Administrator, The Deepings Practice](#)
Contact - kellie.goodley@nhs.net - 01778 579000

[Salaried GP, Billingham Medical Practice](#)
Contact - rachel.eaton3@nhs.net - 01526 860490

[Salaried GP - Nettleham Medical Practice](#)
Contact - helen.lunn@nhs.net - 01522751717

All vacancies can be found at: www.lincsllmc.co.uk/jobs



You can book onto any of our training or events through:
www.lincslmc.co.uk/events

Below are our upcoming events, to book onto these events please click the links below:

Available Now:

- [Active bystander Training. Thursday 16/09/2021](#)
- [An evening with consultant psychiatrist, 10-minute CBT. 16/09/2021](#)
- [Time Management - Wednesday 04/08/2021.](#)
- [Shingles & nasal flu - Tuesday 07/09/2021.](#)
- [LMC and PCN - what is it all about? Wednesday 08/09/2021.](#)

If the course you want to attend is fully booked you can still click 'book now' to be added to the waiting list.

Coming Soon:

- Introductory travel health training
- Introductory contraceptive training

Let us know if you require training that is not available elsewhere, we keep track of training needs in Lincolnshire and may be able to help you find a course.

IMPACT
lincs
take-30
AND LET'S TALK



OUR SERVICES

www.lincslmc.co.uk/impactlincs

Mentoring & Coaching Service:

Mentoring & coaching can benefit you and your organisation in many ways.

Our trained mentors can support you to make positive steps forward in your career and personal life. Mentoring sessions can take place at a time & place to suit you.

Take-30

This service aimed at providing confidential peer support for busy GP's, Practice Managers, Nurses & all other Practice Staff Members as they work through everyday challenges.

This service is available free of charge for all Lincolnshire General Practice Staff between 10am & 4pm for initial contact, Monday to Friday.

To find out more about both of these services, contact us: Email: info@lincslmc.co.uk or call: 01522 576659