



## LINCOLNSHIRE LMC NEWSLETTER

BY LINCOLNSHIRE LMC SECRETARIAT

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### LINCOLNSHIRE LMC NEWSLETTER

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# INFLUENZA SEASON 2022/23: USE OF ANTIVIRAL MEDICINES

As we now enter winter, UKSHA surveillance data indicates that influenza is circulating in the community.

As such, Chief Medical Officer advice has been published to advise that primary care prescribers can now issue antiviral treatments (oseltamivir and zanamivir) for the prophylaxis and treatment of influenza at NHS expense.

Antiviral medicines may be prescribed for patients in clinical at-risk groups as well as anyone at risk of severe illness and/or complications from influenza if not treated.

It is important that:

- People start taking oseltamivir within 48 hours of onset of symptoms.
- For zanamivir, treatment should begin within 48 hours of onset of symptoms for adults and within 36 hours of onset of symptoms for children who are 5 years old or over.
- Children over 12 months and adults who are not able to swallow capsules can be prescribed oral oseltamivir suspension.
- Prescribing for children under 12 months: Oseltamivir is indicated in children including full term neonates who present with symptoms typical of influenza, when influenza virus is circulating in the community. Efficacy has been demonstrated when initiated within two days of first onset of symptoms.

Clinical diagnosis of influenza may be challenging given its similarity in presentation to COVID-19. This situation complicates recommendations for antiviral use based on clinical-epidemiological evidence alone. As such, virological testing should be increasingly considered to guide case management and outbreak response.

The full letter and guidance can be found [here](#)

Practices should be aware that requests for treatment or prophylaxis for outbreaks of influenza in venues such as care homes is not a GMS service and should a practice be requested to undertake this activity, they could request and agree funding from the ICB for the clinical and administrative work required. Practices can decline this activity and the responsibility is with the ICB to find a service able to provide this on behalf of public health.



Article by Dr Reid Baker,  
Medical Director,  
Lincolnshire LMC.

# UPDATE FROM NHSE ON ACCELERATING CITIZEN ACCESS TO GP DATA



NHS England has released the following update on the NHS Digital website regarding 'Accelerating Citizen Access to GP Data'.

Under the terms of the 2019/20 GP contract, practices have been required to OFFER citizens digital access to all their prospective data.

For those practices that ask EMIS and TPP by 5pm on 4 November 2022 to not enable the change, NHS England have instructed both suppliers to pause.

These practices must use this time to engage with their local commissioners should they need additional support and agree plans to prepare before their systems are automatically enabled from 30 November 2022. The general practice readiness checklist should be used to help with preparations.

To engage with the ICB for additional support and to agree plans, please contact Nick Blake [nickblake@nhs.net](mailto:nickblake@nhs.net) and Steve Pitwell [steve.pitwell1@nhs.net](mailto:steve.pitwell1@nhs.net)

For all other practices that will not have informed EMIS and TPP to pause by 5pm on 4 November, NHS England will continue to work with EMIS and TPP to implement the change as planned, with prospective data entered into patient records from 1 November 2022 automatically becoming visible in a phased way.

Practices that wish to write to their system supplier (the Data Processor), a template letter is attached to website article: [www.lincs1mc.co.uk/updatefromnhsenglandonacceleratingcitizenaccesstogpdata](http://www.lincs1mc.co.uk/updatefromnhsenglandonacceleratingcitizenaccesstogpdata)

The contact email addresses are:

- [recordaccess@tpp-uk.com](mailto:recordaccess@tpp-uk.com) for TPP (SystemOne)
- [aapostpone@emishealth.com](mailto:aapostpone@emishealth.com) for EMIS practices.

The BMA have provided the following guidance to support Practices and give other options that you may wish to consider as Data Controller.

Article by Nick Turner, Practice Support Officer, Lincolnshire LMC.



# INVOLVING AND ENGAGING WITH THE PATIENT POPULATION AND LOCAL COMMUNITIES



The following CQC GP mythbuster has recently been released

**GP mythbuster 108:** Involving and engaging with the patient population and local communities

A summary of the mythbuster is below, the full article is [here](#).

How GP practices engage and involve local communities in primary care is incredibly important, both in terms of reducing health inequalities and hearing and acting on feedback.

One of the principles of the NHS Constitution for England states that "The patient will be at the heart of everything the NHS does". This means involving and consulting patients, their families and carers on all decisions about their care and treatment. The service should also actively encourage feedback from the public, patients and staff to improve its services. Providers should support individuals to share decision making, and promote and manage their own health where appropriate. NHS services must reflect, and should be coordinated around and tailored to the needs and preferences of patients, their families and their carers.

This means patients should be seen as people with skills, ideas and knowledge that could benefit the whole patient population.

**Patient engagement:** how patients are engaged in primary care consultations regarding their health, care and treatment.

**Patient involvement:** how patients (both as individuals and groups) are involved in the design, planning and delivery of primary care services at the GP practice or health centre level.

Following the new Health and Care Act 2022, GP practices are now part of integrated care systems (ICSs). NHS England has set out a plan for how ICSs can work with people and communities. This will enable them to have:

- a stronger voice
- more information and control over their health
- more choice
- help to design services.



Article by Nick Turner,  
Practice Support Officer,  
Lincolnshire LMC.

# INSTITUTE OF GENERAL PRACTICE MANAGEMENT (IGPM) – FANTASTIC OPPORTUNITY IN LINCOLNSHIRE

Lincolnshire LMC are incredibly excited to be offering all Lincolnshire General Practice Managers the opportunity to become an associate member of the IGPM and to complete the accreditation to (enabling associate members to become full members) **FULLY FUNDED** for one year!

The LMC will also provide reimbursement for those who have already paid for associate membership/ accreditation for the first year.

In addition, the funding, Lincolnshire LMC would like to support you through the accreditation process to ensure you maximise the benefits and opportunity. We are planning a series of preparation sessions to cover all the topics raised on the application.

The IGPM was created to support the development and career progression of the General Practice Management community and provide a governing body through which managers can become accredited and fully recognised as a distinct profession. There are many benefits of being a IGPM member both to the manager and to their practice. To find out more about the IGPM and what is involved in the accreditation process, visit: [igpm.org.uk](http://igpm.org.uk).

Please visit the LMC website and read the full article to find out how you can take up this fantastic opportunity – go to: [www.lincolnlmc.co.uk/igpmopportunityinlincolnshire](http://www.lincolnlmc.co.uk/igpmopportunityinlincolnshire)



Article by Rosa Wyldeman, Operations Officer, Lincolnshire LMC

# CAN VISITORS FROM OVERSEAS RECEIVE NHS TREATMENT BY A GP?

We often get asked 'Can visitors from overseas receive NHS treatment by a GP?'

The following [article](#) details 'How to access NHS services in England if you are visiting from abroad'

This information is for people who are visiting England from abroad. It tells you how to access different types of healthcare and whether you might need to pay.

Note: You will need to pay for some things such as eye tests, dental treatment and prescriptions, just like people who live in England.

Basically, accessing a GP (even if you are a temporary resident from overseas), is free.

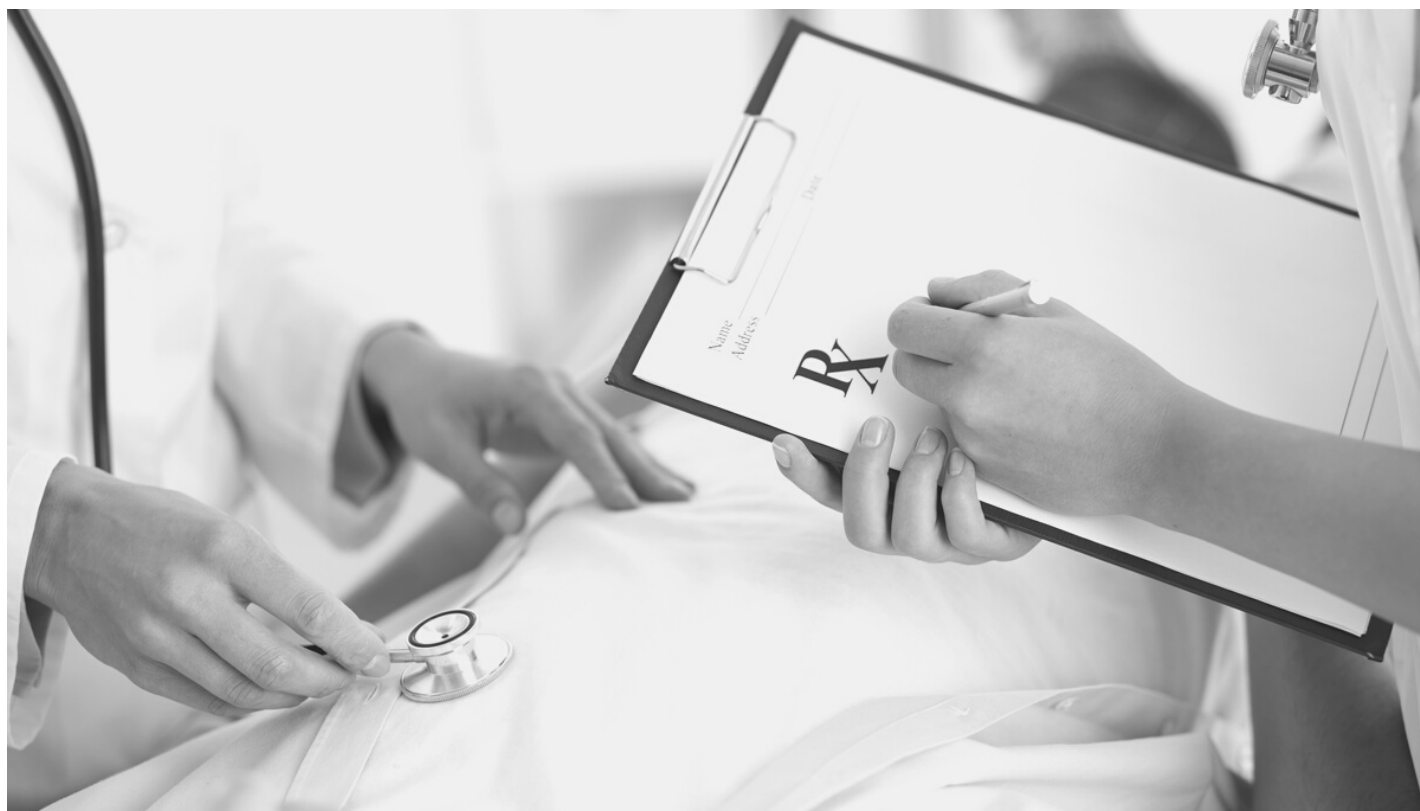
## NHS prescriptions

If you are a temporary resident from overseas registered with an NHS GP you are able to collect a prescription.

The standard NHS prescription charges apply unless the patient is entitled to **free NHS prescriptions**.

Full LMC article can be viewed here:

[www.lincolnlmc.co.uk/canvisitorsfromoverseasreceivehstreatmentbyagp](http://www.lincolnlmc.co.uk/canvisitorsfromoverseasreceivehstreatmentbyagp)



Article by Nick Turner, Practice Support Officer, Lincolnshire LMC.

# ACCESSING THE MILITARY MEDICAL RECORDS OF A PATIENT

An FMED 133 is a Medical History on Release from HM Forces and contains a summary of the individual's service medical history, including details of disabilities, immunisations, clinical conditions and of any significant treatments received. The patient will have been given a printout of their most recent primary care electronic medical record (which they may choose to give to you).

If access to copies of the full medical record is required, please write to the appropriate address below, enclosing consent from the patient (consent would usually be a completed part 2 of the FMED 133 supplied to the patient).

## **Royal Navy / Royal Marines**

RN Service Leavers  
Institute of Naval Medicine  
Crescent Road  
Alverstoke  
Gosport  
Hants PO12 2DL

## **British Army**

Secretariat Disclosure 3 (Medical)  
Mail Point 525  
Army Personnel Centre  
Kentigern House  
65 Brown Street  
Glasgow G2 8EX

## **Royal Air Force**

ACOS Manning (Medical Casework)  
Room 1, Building 22  
Air Command  
RAF High Wycombe  
Buckinghamshire  
HP14 4UE

The full details are available on the GOV.UK [website](#)

Step-by-step guide for service leavers is available [here](#)



Guidance written by Nick Turner,  
Practice Support Officer,  
Lincolnshire LMC.



# TELEPHONY FUNDING OPPORTUNITIES: RETURN REQUIRED BY WEDNESDAY 7 DECEMBER 2022

Work is ongoing to establish a national procurement framework for advanced (cloud-based) telephony solutions, planned to be live from January 2023. This will support you in the future procurement of a telephony solution, ensuring value for money investment in a fit for purpose solution that meets the national specification. There may also be an opportunity to access additional revenue funding (to be confirmed) to support you with buy-out costs should you wish to exit your existing contract early.

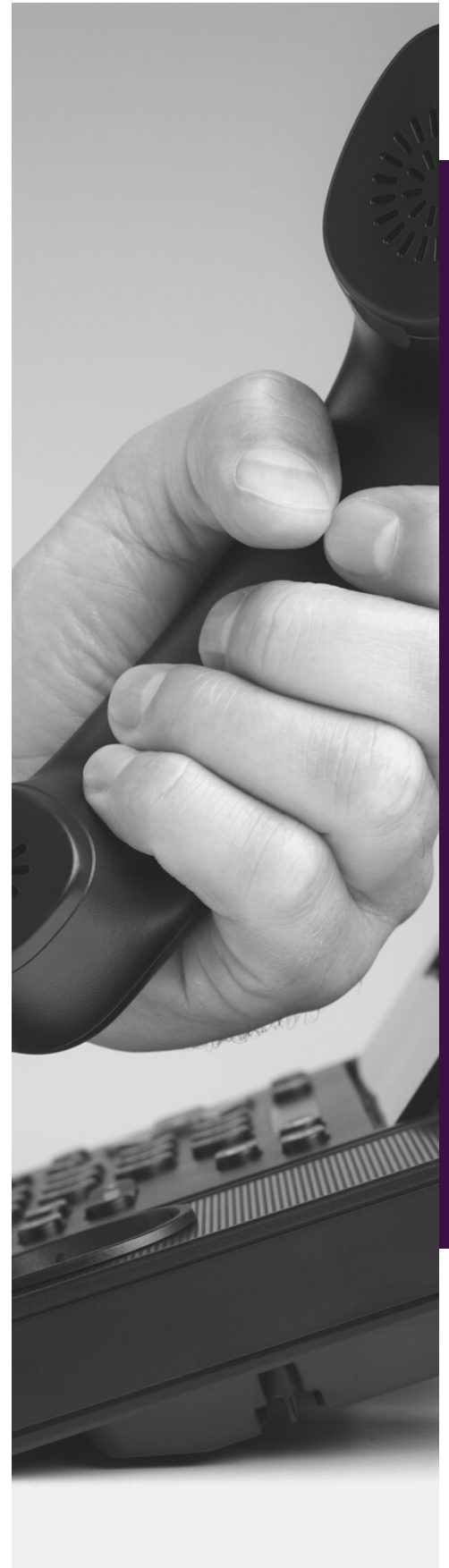
Whilst some information is known on the solutions in use and associated exit costs this does not cover every practice in England. It is critical that the national team have a complete picture of the national telephony estate, and in particular exit costs, to assess the requirement and support access to potential additional funding. The data gathering exercise does therefore include a question related to contract exit costs which we urge you to complete if possible.

Please complete this [short baselining questionnaire](#) by Wednesday 07 December 2022. The questionnaire has been pre-populated with any information you may have provided in the past which should be checked and amended as necessary.

If you require any support with this – please contact The Lincolnshire ICB Primary Care Digital Team;

Steve Pitwell [steve.pitwell1@nhs.net](mailto:steve.pitwell1@nhs.net)  
Nigel Kenward [nigel.kenward@nhs.net](mailto:nigel.kenward@nhs.net)  
Silvia Barcelona [silvia.barcellona@nhs.net](mailto:silvia.barcellona@nhs.net)

To aid logging and tracking continuity, please would you use to the full subject title in conversations, "TASK48351 FOR ACTION – Telephony Baselining Exercise I Due Wednesday 07 December 2022", otherwise it makes it particularly difficult to manage.





## The Controlled Drug Reporting website – will undergo changes on Thursday 1 December 2022.

From this date, you will need to register as a new user before completing reports. If you use the same registration email address, you will have access to reports you have previously submitted. If you need to change your registration email address, but still require access to previous reports, please email the technical helpdesk team your current email registration email address and the updated email address.

When registering from 1 December 2022, reporters can add multiple organisations, in different regions, that they work for to their profile. This can be done once they have registered. When registering only the details for one organisation are required. Reporters will also be able to amend their details at any time and add or remove organisations.

Attached is information regarding how to register, and how to add multiple organisations to your account. This can also be found online along with other training resources including video tutorials.

Please complete the registration process to access your Controlled Drug Website account at your soonest convenience from 1 December 2022.

Further information regarding the upcoming changes can be found here [www.cdreporting.co.uk](http://www.cdreporting.co.uk). Or if you have any queries, please contact us or the CD Reporting Help Desk team – [england.cdreportingtechnicalhelpdesk@nhs.net](mailto:england.cdreportingtechnicalhelpdesk@nhs.net).

Full Article: [www.lincslmc.co.uk/controlleddrugreportingwebsite](http://www.lincslmc.co.uk/controlleddrugreportingwebsite)

## PUNITIVE PENSIONS TAX RULES

You should have all received the recent newsletter from the BMA Pensions Committee providing an update on their continued lobbying of Government to fix punitive pension tax rules. If you haven't already done so, we encourage you to take a look at the newsletter which is available to view [here](#).

The full LMC guidance article is [here](#).

Articles by Nick Turner, Practice Support Officer, Lincolnshire LMC.



# LINCOLNSHIRE GENERAL PRACTICE APPOINTMENT INFOGRAPHICS

## Appointments in Lincolnshire General Practice October 2022

In October 2022 Lincolnshire's GP surgeries completed:  
**500K appointments**

**75% were face-to-face  
appointments: 375K**

**46% were within 24 hours of  
contact: 228K**

hw|lincs healthwatch  
Proud to deliver... Lincolnshire

Source of data: NHS Digital

lincolnshire lmc

Using the information provided by NHS digital we have created infographics detailing how many appointments were made each month by Lincolnshire General Practices, how many were face-to-face and how many were within 24 hours of contact.

These can be shared via your practice's social media.  
All of our general practice infographics can be found here:  
[www.lincslmc.co.uk/generalpracticeinfographics](http://www.lincslmc.co.uk/generalpracticeinfographics)

In addition to the Appointments infographics, we also create useful infographics with information to help your patients care for themselves at home and inform patients of key services.

**Do you have an idea for a useful infographic?**

If you would like us to create an infographic that will be helpful for Lincolnshire general practices to share with their patients, please email us at [laura.dexter1@nhs.net](mailto:laura.dexter1@nhs.net) or [info@lincslmc.co.uk](mailto:info@lincslmc.co.uk)



Appointment infographic created  
by Laura Dexter, Lincolnshire LMC.

"You're the expert at what you do, be the best you can be, this service enables you to do exactly that. I would not be where I am today nor able to deal with the challenges I have faced had it not been for this service."

An excellent and timely service which helped me to keep working at a point when I felt I could cope any longer. A year later I am still a fully functional partner in my practice."

"A really useful resource focussed on YOU and YOUR needs, give it a go, you have nothing to lose and everything to gain."

Our trained mentors can support you to make positive steps forward in your career and personal life. Mentoring sessions can take place at a time & place to suit you.

This service is available free of charge for Lincolnshire GPs, Nurses & Practice Managers

**Contact us:**

Tel: 01522 576659

Email: [info@lincslmc.co.uk](mailto:info@lincslmc.co.uk)

Visit: [www.lincslmc.co.uk/impactlincs](http://www.lincslmc.co.uk/impactlincs)

**Mentoring & Coaching Can Benefit You And Your Organisation In Many Ways**

- Help to make improvements to your work life balance
- Allow you to manage transitions positively
- Create a positive focus on achieving your aspirations
- Improve your motivation
- Develop & enhance your leadership skills
- Improve your resilience
- Build your confidence



## USEFUL LINKS

**Training resources:**

- [Lincolnshire Training Hub](#)
- [E-Learning for Health \(e-LfH\) Programmes](#)
- [NB Medical Education](#)
- [GP Forum CPD Opportunities](#)

**Resources:**

- [We are with you](#)

**Networking:**

- [Lincoln Medical Society](#)

**Newsletters:**

- [Sessional GPs e-newsletter](#)
- [GP Weekly Bulletin \(England\)](#)
- [GP Trainee Newsletter](#)
- [Practice Manager Association News](#)
- [The Cameron Fund newsletter Autumn 22](#)

**Buying Group:**

- [Latest LMC Buying Group Update](#)



## FOLLOW US





# VACANCIES IN LINCOLNSHIRE GENERAL PRACTICE

To view each listing please click on the vacancy titles.

[Advanced Nurse Practitioner – Kirton Medical Centre](#)

[Clinical Care Coordinator – The Welby Group](#)

[GP Partner – The Woodland Medical Practice](#)

[GP Partner / Salaried Considered – Minster Medical Practice](#)

[General Practitioner \(Partner\) – Kirton Medical Centre](#)

[Multiple Practice Vacancies: Admin, ANP, Nurse, Pharmacist – The Deepings Practice](#)

[Pharmacist – Hawthorn Medical Practice](#)

[Salaried GP with a view to partnership – Abbeyview Surgery](#)

[Salaried GP – Billingham Medical Practice](#)

[Salaried GP – Lindum Medical Practice](#)

If you would like your job listing advertised on our website, please send the advert to [laura.dexter1@nhs.net](mailto:laura.dexter1@nhs.net).

Your advert should only be one A4 page and should include:

- Job title
- Location
- Practice logo or image
- Short overview of the role or the practice.
- Salary and any benefits
- Contact information & link to your practice's website
- Closing date of job listing

Your advert should preferably be sent to us as a PDF format.

Alternatively, you can submit your job listing here: [Create Listing](#)

Note: this will have to be approved by a Lincolnshire LMC administrator

All vacancies on the Lincolnshire LMC website can be found at: [www.lincsllmc.co.uk/jobs](http://www.lincsllmc.co.uk/jobs)

# PRACTICE MANAGEMENT SUPPORT NETWORK

Organised by Nick Turner,  
Practice Support Officer

**BOOK NOW!**

lincolnshire *lmc*  
supporting lincolnshire's general practices to provide *great care*



## TAKE-30 SERVICE

**Feeling Frazzled?**



[www.lincolnshirelmc.co.uk/wellbeing](http://www.lincolnshirelmc.co.uk/wellbeing)

Our Take-30 phone support service is available for all Lincolnshire practice staff between 10am and 4pm, weekdays.

This is a great opportunity to talk through daily challenges with someone that understands what it is like working in a practice.

Don't bottle things up, offload! Take-30 and let's talk things through in a safe, supportive environment.

*take-30*  
AND LET'S TALK



[info@lincolnshirelmc.co.uk](mailto:info@lincolnshirelmc.co.uk)



01522 576659

IMPACT  
lincs