

Lincolnshire LMC Weekly Update - 05/08/2022

Lincolnshire LMC's weekly update is an overview of our published information relevant to practices.

All of our weekly updates can be found on our website: www.lincslmc.co.uk/weeklyupdates

To ensure you keep up to date with the latest information, follow us on: Twitter, Facebook and Instagram [@LincolnshireLMC](https://www.instagram.com/LincolnshireLMC)



Practice Updates



GPAS update: Lincolnshire LMC: General Practice Alert State (GPAS)
(lincslmc.co.uk)

Please continue to submit your data – it is crucial to demonstrate the huge demand practices face that we know exists so that we can use it to evidence the need for there to be system response to support General Practice.


GPAS Report (01/08/22 - 05/08/22): [GPAS Sitrep 050822.pdf](#)

General Practice Infographics - www.lincslmc.co.uk/generalpracticeinfographics


We have created infographics for general practices to use on their websites and social media. These infographics inform patients on key services and processes within general practice. We have featured 'summer-time' infographics which can help patients to self-care for minor afflictions such as sunburn, insect bites and hay fever.

Hay fever


Hay fever occurs due to pollen allergy in summer months.



Symptoms include sneezing, coughing, runny nose and itchy eyes.



Symptoms can be unpleasant and may last weeks or months.



No investigations are usually necessary for hay fever.

Please try self-management techniques for hay fever symptoms which can be found here <https://www.nhs.uk/conditions/hay-fever/>

News & Guidance

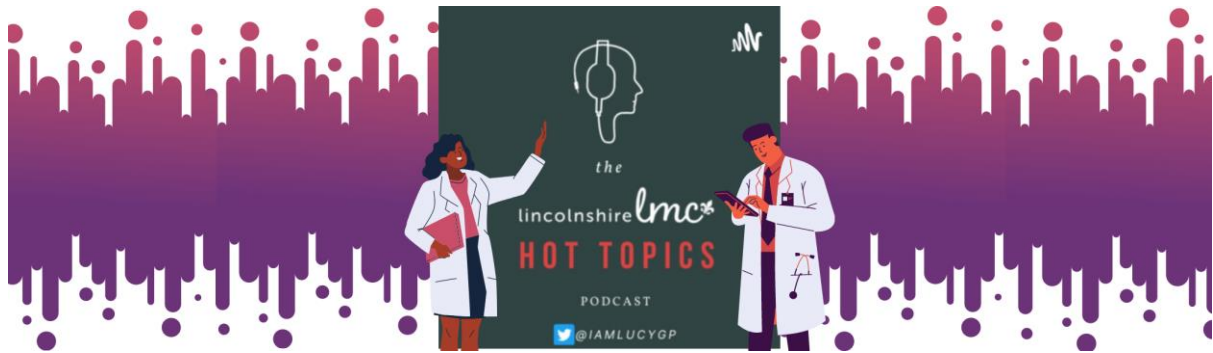
Our Guidance section is updated weekly and can be found at: www.lincolnlmc.co.uk/guidance. Our News section is also updated regularly with headlines and hot topics, this can be found at: www.lincolnlmc.co.uk/news.

Most recent News / Guidance Articles:

Recent Guidance:

- Updated CQC Mythbusters - www.lincolnlmc.co.uk/news
- Lincolnshire General Practice Covid-19 Recognition & Reflection - www.lincolnlmc.co.uk/news
- Setting up a test patient for the NHS App - www.lincolnlmc.co.uk/settingupatestpatientforthenhsapp

Webinars & Podcasts



Lincolnshire LMC has produced a range of educational webinars and podcast directed at practice members. To find out more please go to: www.lincolnlmc.co.uk/educationalwebinars for webinars and www.lincolnlmc.co.uk/podcasts for our podcasts.

Most recent podcast & webinar:

LMC committee podcast July 22 podcast coming soon!

LMC committee podcast (June 22) - www.lincolnlmc.co.uk/podcasts

Practice Manager Support network webinar (June 22) - www.lincolnlmc.co.uk/practicemanagersupportnetworkwebinars

Training and Upcoming Events

August:

- [Practice Management Support Network - Wednesday 24th August at lunchtime](#) (virtual)

September:

- [Lincolnshire LMC GP Society - Thursday 1st September in the evening in Lincoln, Sleaford and Louth](#) (F2F)
- [Improving the Patient Experience - Tuesday 13th September at 13:00hrs](#) (virtual)
- [Having Difficult Conversations - Thursday 22nd September at lunchtime](#) (virtual)

SAVE THE DATE!

- **Lincolnshire LMC Practice Manager's Conference** - Thursday 13th & Friday 14th October 2022 at Belton Woods Hotel
- **Lincolnshire LMC GP Conference** - Wednesday 30th November 2022 at Belton Woods Hotel

LMC Monthly Newsletter

To view our **July Newsletter**, please go to: www.lincslmc.co.uk/lmcnewsletterjuly2022

Lincolnshire LMC Committee:



Next meeting taking place on **Thursday 8th September 2022**. Observers are welcome, if you would like to attend a committee meeting as an observer [please let us know](#). To see your committee representatives go to our '[meet the team](#)' webpage or [click here](#) to view committee meeting reports.