

## Lincolnshire LMC Weekly Update - 30/09/2022

Lincolnshire LMC's weekly update is an overview of our published information relevant to practices.

All of our weekly updates can be found on our website: [www.lincslmc.co.uk/weeklyupdates](http://www.lincslmc.co.uk/weeklyupdates)

To ensure you keep up to date with the latest information, follow us on: Twitter, Facebook and Instagram [@LincolnshireLMC](https://www.instagram.com/LincolnshireLMC)



### Practice Updates

**Impact Lincs - Mentoring and Coaching Service - [www.lincslmc.co.uk/impactlincs](http://www.lincslmc.co.uk/impactlincs)**

Our trained mentors can support you to make positive steps forward in your career and personal life. Mentoring sessions can take place at a time & place to suit you. This service is available free of charge for Lincolnshire's GPs, Nurses & Practice Managers.

**IMPACT lincs**  
Mentoring and Coaching Service

"You're the expert at what you do, be the best you can be, this service enables you to do exactly that. I would not be where I am today nor able to deal with the challenges I have faced had it not been for this service."

An excellent and timely service which helped me to keep working at a point when I felt I could cope any longer. A year later I am still a fully functional partner in my practice."

"A really useful resource focussed on YOU and YOUR needs, give it a go, you have nothing to lose and everything to gain."

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This service is available free of charge for Lincolnshire GPs, Nurses & Practice Managers

**Contact us:**  
Tel: 01522 576659  
Email: [info@lincslmc.co.uk](mailto:info@lincslmc.co.uk)  
Visit: [www.lincslmc.co.uk/impactlincs](http://www.lincslmc.co.uk/impactlincs)

**Mentoring & Coaching Can Benefit You And Your Organisation In Many Ways**

- Help to make improvements to your work life balance
- Allow you to manage transitions positively
- Create a positive focus on achieving your aspirations
- Improve your motivation
- Develop & enhance your leadership skills
- Improve your resilience
- Build your confidence

lincolnshire lmc

**Lincolnshire LMC GP Society - [www.lincslmc.co.uk/gpsociety](http://www.lincslmc.co.uk/gpsociety)**



All of the upcoming GP society dates have been added to [this page](#) as well as information about the next GP society.

#### Thursday 3rd November 2022:

- **Venues:** The Lincoln Hotel, Lincoln | Kenwick Park Hotel, Louth, | The Agra, Sleaford
- **Guest Speaker:** Prof. Aly Rashid
- **Topic:** Portfolio careers, career opportunities for GPs, specialist interests, what would encourage you to stay in the profession for longer?

## News & Guidance

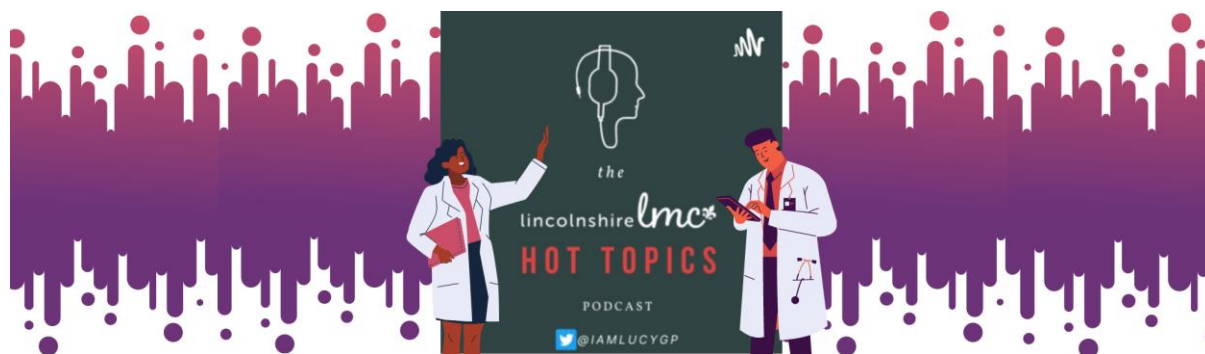
Our Guidance section is updated weekly and can be found at: [www.lincslmc.co.uk/guidance](http://www.lincslmc.co.uk/guidance). Our News section is also updated regularly with headlines and hot topics, this can be found at: [www.lincslmc.co.uk/news](http://www.lincslmc.co.uk/news).

Most recent News / Guidance Articles:

#### Recent Guidance:

- [Update – Flu vaccinations for practice staff](#)
- [Changes to the Network Contract DES](#)
- [NHS Pension Scheme proposed uplifts to the member contributions](#)

## Webinars & Podcasts



Lincolnshire LMC has produced a range of educational webinars and podcast directed at practice members. To find out more please go to: [www.lincolnlmc.co.uk/educationalwebinars](http://www.lincolnlmc.co.uk/educationalwebinars) for webinars and [www.lincolnlmc.co.uk/podcasts](http://www.lincolnlmc.co.uk/podcasts) for our podcasts.

Most recent podcast & webinar:

- **NEW! Practice Manager Support Network (September) -**  
[www.lincolnlmc.co.uk/practicemanagersupportnetworkwebinars](http://www.lincolnlmc.co.uk/practicemanagersupportnetworkwebinars)
- **NEW! Lincolnshire LMC COVID-19 Recognition & Reflection Event Video -**  
[www.lincolnlmc.co.uk/recognitionandreflectionvideos](http://www.lincolnlmc.co.uk/recognitionandreflectionvideos)

Coming Soon:

- **Lincolns LMC Committee highlights podcast (September 22)**

## Training and Upcoming Events

October:

- **[Lincolnshire LMC Practice Manager's Conference](#)** - Thursday 13th & Friday 14th October 2022 at Belton Woods Hotel
- **[Practice Management Support Network](#)** - Wednesday 19th October 2022 (virtual)

November:

- **[Lincolnshire LMC GP Society](#)** - Thursday 3rd November 2022, venue: TBC
- **[Lincolnshire LMC GP & ANP Conference](#)** - Wednesday 30th November 2022 at Belton Woods Hotel

## LMC Monthly Newsletter

To view our recently published **September Newsletter**, please go to: [www.lincolnlmc.co.uk/lmcnewsletterseptember2022](http://www.lincolnlmc.co.uk/lmcnewsletterseptember2022)

## Lincolnshire LMC Committee:

### Lincolnshire LMC Committee Meetings



We welcome observers at our committee meetings, if you would like to observe a future meeting please contact [info@lincolnlmc.co.uk](mailto:info@lincolnlmc.co.uk) for details.

Observers are welcome at our **October LMC Committee meeting - Tuesday 11th October 2022**. If you would like to attend a committee meeting as an observer [please let us know](#). To see your committee representatives go to our '[meet the team](#)' webpage or [click here](#) to view committee meeting reports.