

## LINCOLNSHIRE LMC NEWSLETTER

BY LINCOLNSHIRE LMC SECRETARIAT

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### LINCOLNSHIRE LMC NEWSLETTER

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# FEATURED ARTICLE: LMC UK CONFERENCE MAY 2023 REPORT

Lincs LMC attended the UK conference in London. Two days of rich debate about many of the large issues that affect general practice across the UK. Motions are debated and then voted on. Those passed become GPC UK Policy.

This conference does not discuss things such as PCNs or GMS contract imposition as these are not issues that affect all UK nations.

Sometimes seemingly sensible and important motions can fail due to single words or missed detail that would render the motion unactionable for GPC to undertake.

## Day 1:

- Motion 4: Survival of General Practice
- Motion 5: GMC
- Motion 6: Cost of Living Crisis
- Motion 7: Collapse of the NHS
- Motion 8: GP working schedules
- Motion 9: UK Salaried Model Contract
- Motion 10: The Expert Generalist
- Motion 11: Primary Care
- Motion 12: Primary Care Doctors
- Motion 15: Future of GP training
- Motion 16&17: GP Recruitment and Retention
- Motion 18: MRCGP
- Motion 19: GP Trainees Conference

## Day 2:

- Motion 20: GPC
- Motion 21: LMC Governance
- Motion 22: Professional Standards
- Motion 23: Public Health
- Motion 24: Death Certification
- Motion 25: Format of Future Conferences
- Motion 26: The Independent Contractor
- Motion 27: Firearms
- Motion 28: Private Practice
- Motion 29: Pay Restoration

[VIEW FULL REPORT HERE](#)



Report written by Dr Reid Baker, Medical Director, Lincolnshire LMC.



# A REMINDER ABOUT LMC BUYING GROUP MEMBERSHIP

The LMC Buying Group helps GP practices save money on products and services they regularly buy. The Buying Group have negotiated excellent discounts on a wide range of products and services from their approved suppliers.

Buying Group membership is completely free and there is no compulsion to use all the suppliers. They do the hard work associated with finding the most competitive suppliers in cost and customer service, so they save you time as well as money on your purchasing!

Although the Buying Group was originally set up to help GP practices save money on the products and services they regularly buy, membership is now also open to GP Federations and Primary Care Networks.

## Why use the Buying Group?

- No membership fees
- Excellent negotiated discounts from a range of suppliers
- Quality products and services
- Free cost analysis for members
- No need to 'shop around' anymore – we've done the hard work already!
- Access to a recruitment platform to advertise your clinical and non-clinical roles for free and a premium 'Featured Job' package for a small fee.
- Access to a community resource hub

If you're not sure whether you're a member and/or have access to the Buying Group website (this is where you can view the pricing/discounts and get quotes) then contact the Buying Group team on 0115 979 6910 or [info@lmcbuyinggroups.co.uk](mailto:info@lmcbuyinggroups.co.uk). They can also help you with any questions you might have about your membership or the suppliers.



Article written by the LMC buying group

# LINCOLNSHIRE LMC DEVELOPMENT CENTRE UPDATE

Lincolnshire LMC is the statutory representative body that supports GPs in Lincolnshire and their practices too. This covers all kinds of support from providing training courses, to compliance inspection walkthroughs, to pastoral support and wellbeing services. If you are interested in what the LMC does, you can read our LMC Information Pack – [www.lincslmc.co.uk/informationpack](http://www.lincslmc.co.uk/informationpack)

For some years, Lincolnshire LMC has been providing general practice nursing teams with clinical update and introductory training such as immunisation, contraceptive, and travel health courses.

One of our aims in doing this was to make it as easy as possible for practice staff to access high quality training locally but with the growth of the Lincolnshire Training Hub and the introduction of platforms such as the e-LfH Hub that both provide free access to clinical and non-clinical online training, it is now easier than ever for practice staff to complete their mandatory updates.

The Lincolnshire LMC have therefore made the decision to step back from providing clinical updates and to focus more on training and events for all practice staff. We have an exciting year ahead with a whole range of training, events, and opportunities for whole practice teams to get involved with!

Useful links to explore:

- Lincolnshire LMC training & Events: [www.lincslmc.co.uk/events](http://www.lincslmc.co.uk/events)
- Lincolnshire Training Hub: [www.lincolnshiretraininghub.nhs.uk](http://www.lincolnshiretraininghub.nhs.uk)
- e-LfH: [immunisations](#)
- e-LfH: [flu immunisation](#)
- e-LfH: [travel medicine](#)
- e-LfH: [cervical sample taking \(and updates for other screening programmes\)](#)
- e-LfH: [General Practice Programme](#)
- e-LfH: [Asthma – Children & Young People](#)
- e-LfH: [Asthma – Adults](#)
- e-LfH: [Sexual Health & Reproductive Healthcare Programme \(inc. contraceptives\)](#)



Article written by Rosa Wyldeman, Operations Officer, Lincolnshire LMC

# FACE COVERINGS AND FACE MASKS IN GP PRACTICES UPDATE

To align with a step back in mask use recently introduced locally in secondary care, from Tuesday 2nd May there will no longer be a requirement to wear face masks in all clinical environments. Masks are not required in non-clinical areas (corridors, offices etc.), however staff and patients may continue to wear one in all areas of the premises if they prefer.

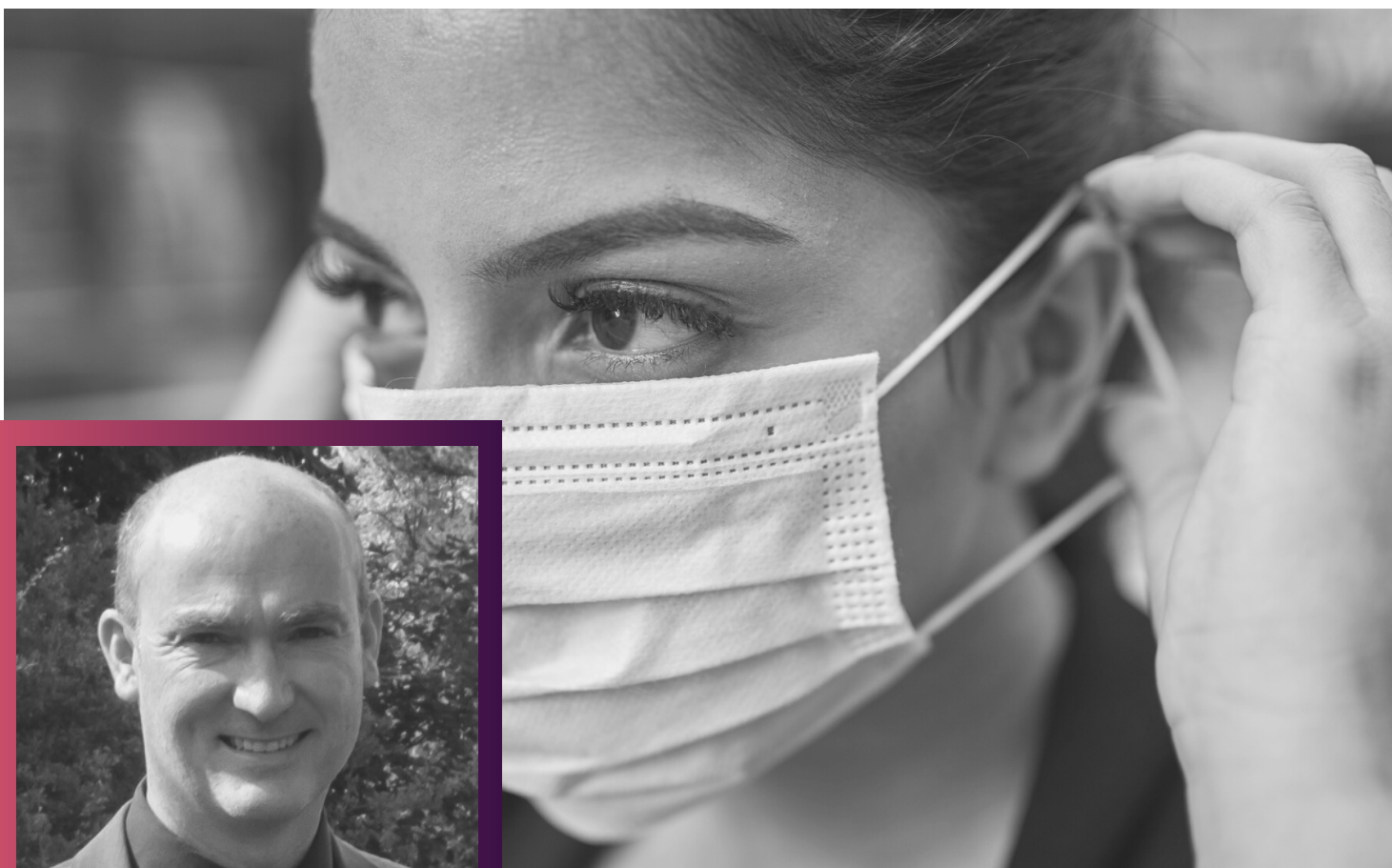
It is advised that Type IIR fluid-repellent surgical masks continue to be worn in the following circumstances:

- By staff when with patients with a confirmed or suspected respiratory infection
- By staff when with patients who are immunocompromised e.g. transplant or haemato-oncology patients
- By staff who have any respiratory symptoms but who feel well enough to work
- Staff should also wear a mask if this is the patient's preference.

If a practice has a cluster of staff with respiratory infection, it may be advisable to return to mask wearing more broadly for the period of increased prevalence.

In line with normal procedures, and National IPC guidance, masks should also be worn as appropriate as part of standard and transmission-based precautions, including by staff performing sterile procedures e.g. minor surgery.

Although aerosol generating procedures (AGPs) are unlikely in primary care premises, if applicable, fit-tested FFP3 respirators should be worn by staff during AGPs.



Article Updated by Nick Turner, Practice Support Officer, Lincolnshire LMC

# FEMALE GENITAL MUTILATION (FGM) SUBMISSIONS

Female Genital Mutilation (FGM) refers to procedures that intentionally alter or cause injury to the female genital organs for non-medical reasons. FGM has been illegal in the United Kingdom since 1985, with the law being strengthened in 2003 to prevent girls travelling from the UK and undergoing FGM abroad.

Data is collected by healthcare providers in England, including acute hospitals, mental health services and GP practices (quarterly).

If you have not seen any patients, you DO NOT HAVE TO SUBMIT A NIL RETURN.

If you have patients to submit from any previous quarter, please continue to send in the data as they will still appear in the annual report.

Reports are available via [Female Genital Mutilation - NHS Digital](#)

The link to the submission portal is <https://clinicalaudit.hscic.gov.uk/>.

FGM collection information is available <https://www.digital.nhs.uk/fgm> and [FGM Datasets information for Health professionals and NHS organisations - NHS Digital](#).

Please contact the FGM Team ([fgm@nhs.net](mailto:fgm@nhs.net)) if you require any further information.

## ACCELERATING CITIZEN ACCESS TO GP DATA – UPDATE

There is a growing feeling that the safest and most effective way of providing access for patients to their online records is through a consent-driven or shared-decision-making process where each patient chooses to opt in allowing practices to check the records carefully before the request for access is granted. Practices choosing this option should be offered support and advice to develop this further as an innovation in the provision of health care and in new ways of working.

NHS England has plans to encourage patients to request access to the full historic electronic record, including full text, during 2023, possibly via requests sent through the NHS app. The workload ramifications of such a policy, if take-up proves high, are unthinkable given the time it will take to review all the documents and free text within potentially many millions of records. As of last month, 30,000,000 patients currently have access to the NHS app. General practice is severely under-resourced and taking clinicians away from providing clinical care in order to spend hours redacting historic medical records for online viewing is not a good use of a scarce resource. The BMA already has guidance on safe workloads, including a safe limit “of not more than 25 contacts per day”. The BMA will continue to represent your interests and ensure any additional work is properly resourced and funded and that priority remains the provision of essential services.

Full article is available [here](#)

Articles written by Nick Turner, Practice Support Officer, Lincolnshire LMC



# GP WORKLOAD MANAGEMENT AND TRIAGE TOOLKIT

The BMA has developed a [tool](#) to help with the increasing workload and to support practices with implementing a triage system if they wish to do so.

The toolkit aims to provide a cost neutral aid to reduce the administrative burden on staff members, ensure patients are seen by the right clinician at the right time and allow GPs to spend their time where it is needed the most. The toolkit includes a number of case studies, along with examples of how you can tailor the system to your practice.

Read the [blog](#) 'Exploring safe working in general practice: how we triage'.

## WORKFORCE DATA AND RETURNS

The latest [GP workforce data](#), published today, shows that GP practices across England continue to experience significant and growing strain with declining GP numbers, rising patient demand, and struggles to recruit and retain staff.

Although there was a slight increase in fully qualified GPs in March 2023 (0.1%), we still have the equivalent of 2,059 fewer fully qualified GPs than in September 2015, and we have lost the equivalent of 463 fully qualified full-time GPs over the past year. In addition to this, the number of GP practices England has reduced by 92 over the past year – reflecting a long-term trend of closures, as well as mergers.

This coincides with a rise in patients: as of March 2023, there was a record-high of over 62.4 million patients registered with practices in England, resulting in another record-high average of 9,740 patients per practice, or 2,285 patients for each full-time equivalent GP. This is an increase of 348 patients per GP, or 18%, since 2015.

The latest [GP Appointments data](#) show that 31.6 million GP appointments were booked in March 2023, which is 4.3 million more than in February 2023, and 1.9 million more GP appointments than in March 2022, which is a significant increase and which demonstrates the increasing workload pressure on GPs.

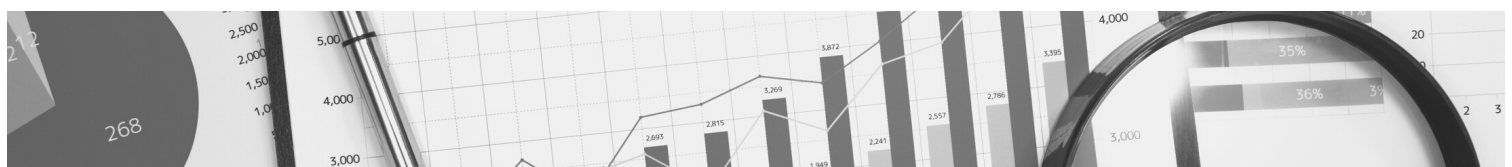
Read more about the pressures in general practice [here](#)

### Workforce returns

Please continue to review your workforce returns to ensure they capture all hours worked in an average week, including CPD time, which may be done at home. For salaried doctors the value in the contracted hours box is used in the returns.

For contractors and zero-hours salaried doctors it is the actual hours box that is used. If you are unsure which box to use, please put the actual hours worked per week in both boxes. The website to file returns can be found [here](#)

<https://datacollection.sdcs.digital.nhs.uk/>



Articles written by Nick Turner, Practice Support Officer, Lincolnshire LMC

# LINCOLNSHIRE GENERAL PRACTICE SUMMERTIME INFOGRAPHICS

## Hay fever

Hay fever occurs due to pollen allergy in summer months.



Symptoms include sneezing, coughing, runny nose and itchy eyes.



Symptoms can be unpleasant and may last weeks or months.



No investigations are usually necessary for hay fever.

Please try self-management techniques for hay fever symptoms which can be found here  
<https://www.nhs.uk/conditions/hay-fever/>

The above 'Hay Fever' infographic has been created alongside two other summer based infographics 'Insect Bites' & 'Sunburn' to inform patients about common summertime ailments and to advise about self-management techniques.

These can be shared via your practice's social media.  
All of our general practice infographics can be found here:  
[www.lincslmc.co.uk/infographics](http://www.lincslmc.co.uk/infographics)

In addition to the General Practice infographics, Using the information provided by NHS digital we have created infographics detailing how many appointments were made each month by Lincolnshire General Practices.

### Do you have an idea for a useful infographic?

If you would like us to create an infographic that will be helpful for Lincolnshire general practices to share with their patients, please email us at [info@lincslmc.co.uk](mailto:info@lincslmc.co.uk)





"You're the expert at what you do, be the best you can be, this service enables you to do exactly that. I would not be where I am today nor able to deal with the challenges I have faced had it not been for this service."

An excellent and timely service which helped me to keep working at a point when I felt I could cope any longer. A year later I am still a fully functional partner in my practice."

"A really useful resource focussed on YOU and YOUR needs, give it a go, you have nothing to lose and everything to gain."

Our trained mentors can support you to make positive steps forward in your career and personal life. Mentoring sessions can take place at a time & place to suit you.

This service is available free of charge for Lincolnshire GPs, Nurses & Practice Managers

**Contact us:**

Tel: 01522 576659

Email: [info@lincslmc.co.uk](mailto:info@lincslmc.co.uk)

Visit: [www.lincslmc.co.uk/impactlincs](http://www.lincslmc.co.uk/impactlincs)

**Mentoring & Coaching Can Benefit You And Your Organisation In Many Ways**

- Help to make improvements to your work life balance
- Allow you to manage transitions positively
- Create a positive focus on achieving your aspirations
- Improve your motivation
- Develop & enhance your leadership skills
- Improve your resilience
- Build your confidence



## USEFUL LINKS

**Training resources:**

- [Lincolnshire Training Hub](#)
- [E-Learning for Health \(e-LfH\) Programmes](#)
- [NB Medical Education](#)
- [GP Forum CPD Opportunities](#)

**Resources:**

- [We are with you](#)

**Networking:**

- [Lincoln Medical Society](#)

**Newsletters:**

- [Sessional GPs e-newsletter](#)
- [GP Weekly Bulletin \(England\)](#)
- [GP Trainee Newsletter](#)
- [Practice Manager Association News](#)
- [The Cameron Fund newsletter Autumn 22](#)

**Buying Group:**

- [Latest LMC Buying Group Update](#)



## FOLLOW US



# VACANCIES IN LINCOLNSHIRE GENERAL PRACTICE



To view each listing please click on the vacancy titles.

[Paramedic Prescriber | Suttons Medical Group](#)

[Adv. Nurse Practitioner | Suttons Medical Group](#)

[Part-time Salaried GP | Church Walk Surgery](#)

[Salaried GP | Heart of Lincoln Medical Group](#)

[Adv. Nurse Practitioner | Spalding PCN](#)

[Practice Nurse | Lindum Medical Practice](#)

[Adv. Nurse Practitioner | Welby Group](#)

[Nurse Practitioner | Gosberton Medical Centre](#)

[Admin Team Lead | Gosberton Medical Centre](#)

[Adv. Nurse Practitioner | Swineshead Medical](#)

[Salaried GP | Swineshead Medical Group](#)

If you would like your job listing advertised on our website, please send the advert to [info@lincs1mc.co.uk](mailto:info@lincs1mc.co.uk)

Your advert should preferably be sent to us as a word document.

Additional attachments to be sent as PDFs.

Your advert should only be one A4 page and should include:

- Job title
- Location
- Practice logo or image
- Short overview of the role or the practice.
- Salary and any benefits
- Contact information & how to apply
- Link to your practice's website
- Closing date of job listing

All vacancies on the Lincolnshire LMC website can be found at: [www.lincs1mc.co.uk/vacancies](http://www.lincs1mc.co.uk/vacancies)

# UPCOMING TRAINING & EVENTS

lincolnshire **lmc**

Virtual Training for General Practice Staff

Thursday 15/06/2023: 12:30-13:30

## Improving Organisational Effectiveness

Training Delivered by:



PRACTICE INDEX

[www.lincslmc.co.uk/events](http://www.lincslmc.co.uk/events)



## TAKE-30 SERVICE

### Feeling Frazzled?



[www.lincslmc.co.uk/wellbeing](http://www.lincslmc.co.uk/wellbeing)

Our Take-30 phone support service is available for all Lincolnshire practice staff between 10am and 4pm, weekdays.

This is a great opportunity to talk through daily challenges with someone that understands what it is like working in a practice.

Don't bottle things up, offload! Take-30 and let's talk things through in a safe, supportive environment.



[info@lincslmc.co.uk](mailto:info@lincslmc.co.uk)



01522 576659

*take-30*  
AND LET'S TALK



IMPACT  
lincs