



Lincolnshire LMC Weekly Update 02/06/2023

The Lincs LMC weekly update is an overview of our published information relevant to practices. All of our weekly updates can be found by clicking the button below.

[Click here for all previous Lincolnshire LMC Weekly Updates](#)

Hay fever

Hay fever occurs due to pollen allergy in summer months.



Symptoms include sneezing, coughing, runny nose and itchy eyes.



Symptoms can be unpleasant and may last weeks or months.



No investigations are usually necessary for hay fever.

Please try self-management techniques for hay fever symptoms which can be found here <https://www.nhs.uk/conditions/hay-fever/>

Lincolnshire LMC Summertime infographics.

We have create the above 'Hay Fever' infographic, alongside two other summer based infographics 'Insect Bites' & 'Sunburn' to inform patients about common summertime

ailments and to advise about self-management techniques.

Practices can feel free to download these using the button below and share via their websites or social media.

[Download Summer infographics](#)

[All Lincs LMC infographics](#)



Most recent News:

- [EMIS reverses panic button decision](#)
- [Labour Party's NHS plan - Building an NHS fit for the future](#)
- [GP workload management & triage toolkit](#)

[All News](#)



Most recent Guidance:

- [Lincolnshire LMC | LMC UK Conference May 2023 report](#)
- [LMC Buying Group](#)
- [Female Genital Mutilation Submissions](#)

All Guidance

Upcoming Virtual Training:

Thursday 15th June: 12:30 - 13:30

Improving Organisational Effectiveness

There is a need for organisations to continually evaluate their output and service delivery; with the aim of maximising effectiveness across all workstreams expenditure and benchmarking.

Book your place now



Newsletters

LMC May Newsletter - Practice in Touch

To view our recently published May Newsletters, please click the button below.

Lincolnshire LMC Committee Meetings



Observers are welcome at our **LMC Committee meetings**. The next Lincolnshire LMC committee date is: **Tuesday 13th June 2023**. If you would like to attend a committee meeting as an observer, [please let us know](#). To see your committee representatives go to our '[meet the team](#)' webpage or [click here](#) to view committee meeting reports.

To ensure you keep up to date with the latest information, follow us on: Twitter, Facebook and Instagram



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